Virginia Regulatory Town Hall

Periodic Review and Notice of Intended Regulatory Action Agency Background Document

| Agency Name: | Virginia Department of Environmental Quality |
|---------------------|--|
| VAC Chapter Number: | 9 VAC 20-120-10, et seq. |
| Regulation Title: | Regulated Medical Waste Management Regulations |
| Action Title: | Periodic Review |
| Date: | February 10, 2000 |

This information is required pursuant to the Administrative Process Act § 9-6.14:25 and Executive Order Twenty-Five (98) which outline procedures for periodic review of regulations of agencies within the executive branch. Each existing regulation is to be reviewed at least once every three years and measured against the specific public health, safety, and welfare goals assigned by agencies during the promulgation process.

This form should be used where the agency is planning to amend or repeal an existing regulation and is required to be submitted to the Registrar of Regulations as a Notice of Intended Regulatory Action (NOIRA) pursuant to the Administrative Process Act § 9-6.14:7.1 (B).

Summary

Please provide a brief summary of the regulation. There is no need to state each provision, instead give a general description of the regulation and alert the reader to its subject matter and intent.

The Regulated Medical Waste Management Regulations, 9 VAC 20-120-10, *et seq.* (RMWMR) establishes permit requirements for the storage, treatment and disposal of regulated medical wastes (RMW). Rules for packaging, labeling and transporting RMW, as well as exemptions from regulation are also included. Five approved treatment processes are provided for as well as provisions for establishing alternate treatment technologies.

Basis

Please identify the state and/or federal source of legal authority for the regulation. The discussion of this authority should include a description of its scope and the extent to which the authority is mandatory or discretionary. Where applicable, explain where the regulation exceeds the minimum requirements of the state and/or federal mandate.

The Virginia Waste Management Act contained in Chapter 13, Title 10.1, Code of Virginia (1950), as amended, requires owners and operators of all facilities for the treatment, storage, or disposal of solid waste to hold a permit from the Virginia Department of Environmental Quality. RMW is a type of solid waste. The Waste Management Board is authorized to promulgate and maintain regulations for the permitting process and is further authorized to issue regulations necessary to supervise and control solid waste management, to abate nuisances and threats to public health, safety, or the environment (Va. Code §10.1-1402). In fulfillment of these responsibilities, the Board adopted Regulated Medical Waste Management Regulations, (9 VAC 20-120-10, et seq.)

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Public Comment

Please summarize all public comment received as the result of the Notice of Periodic Review published in the Virginia Register and provide the agency response. Where applicable, describe critical issues or particular areas of concern in the regulation. Also please indicate if an informal advisory group was or will be formed for purposes of assisting in the periodic review or development of a proposal.

Members of the medical community and waste industry provided comments including but not limited to the following:

- 1. Management of regulated medical waste should be based on sound scientific evidence.
- 2. Current regulations may not be effective because they are viewed by some as subject to interpretation and as resulting in unjustified expense in some instances.
- 3. The regulations need to be more clearly written and more specific.

Additional public comments summarized are in Attachment 1

A technical advisory group will be formed to develop a proposal.

Effectiveness

Please provide a description of the specific and measurable goals of the regulation. Detail the effectiveness of the regulation in achieving such goals and the specific reasons the agency has determined that the regulation is essential to protect the health, safety or welfare of citizens. In addition, please indicate whether the regulation is clearly written and easily understandable by the individuals and entities affected.

The specific and measurable goals of the regulation are to protect public health, safety and welfare and the environment from the harmful results of mismanagement of regulated medical waste by its generators, transporters, storers, treaters or disposers with the least possible costs and intrusiveness to the citizens and businesses of the Commonwealth. The department has determined that the regulations are necessary to accomplish these goals.

Based on the above goals, the regulations appear to be performing as intended. Due to a growing awareness of the medical waste regulations within the regulated community, there is a perception that interpretations of the regulations by the DEQ have changed over time. The regulated community commented during the public comment period for this periodic review that they perceived the department as having been inconsistent and overly stringent in its interpretations of the regulations. In addition, from the public comments received, it appears that the regulation could be more understandably written, at least in some areas.

Form: TH-06

Several public comments indicated that a particular hospital was spending significantly more to dispose of regulated medical waste compared to last year. Since the regulations have not been changed since June of 1994, it may be that the burden and cost of the regulation is not just due to the regulation itself but as some have suggested in their comments it is due to recent enforcement efforts. Hospitals have chosen to err on the side of being conservative with their medical waste stream and have incurred an increased cost of disposal.

Alternatives

Please describe the specific alternatives for achieving the purpose of the existing regulation that have been considered as a part of the periodic review process. This description should include an explanation why such alternatives were rejected and this regulation reflects the least burdensome alternative available for achieving the purpose of the regulation.

The department has considered developing guidance to clarify some provisions of the regulations. The comments received during the public comment period indicate that the regulated community perceives that the regulations are more burdensome than necessary and the regulations are difficult to understand. Guidance would insure consistent interpretations from the department and clarification to the regulated community.

The department has considered modifying the regulations in order to eliminate potentially redundant sections, clarify permitting requirements, add new definitions, examine conformity of the state regulations to federal transportation requirements, and clarify several existing definitions.

Recommendation

Please state whether the agency is recommending the regulation be amended or terminated and the reasons such a recommendation is being made.

The agency recommends the amendment of the regulation. This recommendation is based on the following:

- 1. Clarification may be needed in some of the areas of the regulations where public comments have indicated the regulated community needs direction.
- 2. The regulation is repetitive in some areas. Eliminating repeated information and consolidating this information will serve to further clarify the regulation.

Substance

Form: TH-06

Please detail any changes that would be implemented.

An amendment of the regulations may include but will not be limited to the following:

- 1. The concepts of generation, storage, and accumulation.
- 2. The issue of storage of separately accumulated objects for personal hygiene, such as sanitary napkins and diapers.
- 3. The issue of temporary storage of RMW.
- 4. The transportation of hazardous materials as required in federal regulation.
- 5. Consolidation of the regulations and elimination of redundant requirements.

In addition, the Board may consider additional comments received in response to the NOIRA or activities of the technical advisory committee (TAC) which will assist the department with the development of the proposal.

KEY TO COMMENTERS

| Title | First | Middle | e Last | Job Title | Company Name | Code (4 letters ma |
|-------|---------------|--------|--------------|---|-------------------------------------|------------------------|
| Mr. | Reed | B. | Kennedy | Chief Operating Officer | Montgomery Regional Hospital | MRH |
| Dr. | Jack | C. | Turner | Director of Laboratories | Danville Regional Medical Center | DRM |
| Mr. | Donald | S. | Buckley | President | Chesapeake General Hospital | CGH |
| Mr. | Martin | | Casey | Director Radiology and Facilities Management | Chesapeake General Hospital | CAS |
| Mr. | Harry | H. | Munari | Vice President | Chesapeake General Hospital | MUN |
| Dr. | Billy | B. | Richmond | Department of Medicine/Infectious Diseases | Chesapeake General Hospital | RIC |
| Dr. | Arthur | S. | Giroux | Chief, Department of Pathology | Chesapeake General Hospital | GIR |
| Dr. | Adam | | Billet | Vice Chief, Department of Surgery | Chesapeake General Hospital | BIL |
| Dr. | Ahmed | | Rahman | President-Elect, Medical Staff | Chesapeake General Hospital | RAH |
| Dr. | Matthew | | Tignor | Department of Medicine/Infectious Diseases | Chesapeake General Hospital | TIG |
| Dr. | Steven | B. | Powers | Chief, Department of OB/Gyn | Chesapeake General Hospital | POW |
| Dr. | Nasrollah | | Fatehi | Chief, Department of Surgery | Chesapeake General Hospital | FAT |
| Dr. | Anthony | J. | Distasio, II | Department of Surgery | Chesapeake General Hospital | DIS |
| Dr. | Jeffrey | | Powell | Chairman, OR Committee | Chesapeake General Hospital | JPO |
| Ms. | Julia | S. | Riddle | Vice President of Nursing | Chesapeake General Hospital | RID |
| Ms. | Barbara | | Mullins | Chairperson Safety/Infection Control Committee | Norton Community Hospital | NCH |
| | | | | Southwest Virginia Regional Infection Control Council | | SVR |
| Ms. | Constanc e | D. | Jones | RN, CIC | | JON |
| Mr. | Elwood | B. | Boone, III | Associate Administrator | Chippenham Medical Center | CMC |

| Mr. | Ronald | A. | Bouchard | Chief Administrative Officer | University of Virginia | UVA |
|-----|-----------|----|-------------------------|--|---|-----|
| Mr. | Paul | A. | Slagenweit | Vice President, Human Resources | Health System Southampton Memorial Hospital | SMH |
| Ms. | June | M. | Duck | Coordinator, Health Services | • | DUC |
| Ms. | Glenda | | Gotshall | Infection Control Coordinator | | MWH |
| Mr. | Bill | | James | Director, Environmental Services | Mary Washington Hospital | JAM |
| Ms. | Carolyn | | Palmer | BSN, CIC | Augusta Medical Center | AMC |
| Dr. | Robert | W. | Cantrell | Vice President and Provost for the Health System | University of Virginia | CAN |
| Mr. | Ralph | H. | Wheeler | Director of Engineering, Security and Safety | Bon Secours-Richmond Health Corporation | BSR |
| Dr. | Virginia | D. | Wells | Chair, Infection Control Committee | Williamsburg Community Hospital | WCH |
| Dr. | Nancy | | VanBuren | Chairperson, Infection Control Committee | Wellmont Lonesome Pine Hospital | WLP |
| Ms. | Judy | | Dickenson | Infection Control Practitioner | Wellmont Lonesome Pine Hospital | DIC |
| Ms. | Frances | S. | Bonardi | Vice President, Hospital Operations | Martha Jefferson Hospital | MJH |
| Mr. | Michael | R. | Spatz | Director, Support Services | Martha Jefferson Hospital | SPA |
| Dr. | Allan | J. | Morrison, Jr. | Epidemiologist, Inova Health System | Infectious Diseases Physicians, Inc. | IDP |
| Mr. | Timothy | E. | Wildt | Chief Executive Officer | Virginia Hospital & Healthcare Association | VHH |
| Ms. | Elizabeth | | Brown | RN, MSA, CCM | Maryview Medical Center | MMC |
| Mr. | Thomas | P. | Herbert, P.E. | Engineering Manager | American Waste Industries, Inc. | AWI |
| Mr. | Samuel | F. | Lillard, FACHE | Executive Vice President/Administrator | Bon Secours Richmond Community Hospital | RCH |
| Ms. | Nancy | | Davis, RN, | | Western State Hospital | API |
| | , | | CIC | | | |
| Ms. | Linda | | Adcock, RN, BSN, CIC | | Chesapeake General Hospital | ADC |
| | | | | | | |

COMMENTS - ATTACHMENT 2

| Code | Comment | Number | Citation |
|------|---|--------|----------|
| MRH | standards promulgated by DEQ and EPA are not consistent, at least in the interpretation of standards. | 1 | NA |
| MRH | the regulation are not clear for hospitals as to what is medical waste and what is not | 2 | NA |
| MRH | enforcement has led hospitals to be overly conservative with categorization of medical waste | 3 | NA |
| DRM | regulation of medical waste should be based on solid scientific evidence | 1 | NA |
| DRM | sharps clearly should be sterilized and packaged, many other materials should not be regulated | 2 | NA |
| DRM | new regulations should be evaluated for potential benefits and costs | 3 | NA |
| CGH | management of medical waste should be based on sound scientific evidence | 1 | NA |
| CGH | infection from wastes other than sharps is non-existent | 2 | NA |
| CGH | what constitutes regulated medical waste should be clearer and not left open to interpretation | 3 | 150 |
| CGH | clarify requirements for disposal of diapers and sanitary napkins | 4 | 130D1 |
| CGH | define what is a small amount of body fluid or blood | 5 | 130D2 |
| CGH | disposal of regulated medical waste has become more costly than it needs to be | 6 | NA |
| CGH | current regulations are not effective because they are vague, subject to interpretation, and result in unjustified expense | 7 | NA |
| CGH | it is necessary to regulate some medical waste but this must be based on the most current scientific evidence | 8 | NA |
| CGH | other states regulations should be used to develop regulations that are less burdensome | 9 | NA |
| CGH | the regulations need to be more clearly written, and more specific | 10 | NA |
| NCH | management of medical waste should be based on sound scientific evidence | 1 | NA |
| NCH | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 2 | NA |
| NCH | health care providers are being singled out for regulation when the same wastes can be generated in a household | 3 | NA |
| NCH | the regulations are not clearly written or easily understood | 4 | NA |
| JON | management of medical waste should be based on sound scientific evidence | 1 | NA |
| JON | infection from wastes other than sharps is non-existent | 2 | NA |
| JON | surveillance for medical wastes at landfills has a potential for bringing workers into contact with those waste and home generated wastes | 3 | NA |
| JON | regulations are inconsistently applied | 4 | NA |

| JON | regulations are responsible for costly disposal of waste | 5 | NA |
|-----|---|---|-------|
| JON | current regulations are not effective because they are vague, subject to interpretation, and result in unjustified expense | 6 | NA |
| JON | management of medical waste should be based on sound scientific evidence | 7 | NA |
| JON | other states regulations should be used to develop regulations that are less burdensome | 8 | NA |
| JON | the regulations need to be more clearly written, and more specific | 9 | NA |
| СМС | current regulations are vague, subject to interpretation, and result in confusion and inconsistent enforcement | 1 | NA |
| CMC | because of implementation of OSHA Bloodborne Pathogen standards, and precautions taken at the landfill, the risk of disease transmission is almost non-existent | 2 | NA |
| CMC | provide a clear definition of regulated medical waste | 3 | 150 |
| CMC | regulations are inconsistently applied. acute care facilities are being singled out and households are not regulated | 4 | 130C2 |
| CMC | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 5 | NA |
| UVA | regulations are not clearly written and are subject to interpretation | 1 | NA |
| UVA | there is a relatively low risk outside the health care setting for transmission of disease from medical waste | 2 | NA |
| UVA | regulations are necessary but are expensive to implement because of recent interpretations | 3 | NA |
| UVA | regulations should focus on the potential hazard from sharps or splash rather than absorbed blood or body fluids | 4 | 150 |
| SMH | infection from wastes other than sharps is non-existent | 1 | NA |
| SMH | regulations are too vague and broad and enforcement has become rigid and inconsistent | 2 | NA |
| SMH | dispersing diapers from child and long-term care is inconvenient and unnecessary | 3 | 130D1 |
| SMH | define what is a small amount of body fluid or blood | 4 | 130D2 |
| SMH | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 5 | NA |
| SMH | current regulations are not effective because they are vague, subject to interpretation, and result in unjustified expense | 6 | NA |
| SMH | management of medical waste should be based on sound scientific evidence | 7 | NA |
| SMH | other states regulations should be used to develop regulations | 8 | NA |
| SMH | the regulation need to be more clearly written, and more specific | 9 | NA |
| DUC | infection from wastes other than sharps is non-existent | 1 | NA |
| DUC | regulations are too vague and broad and enforcement has become rigid and inconsistent | 2 | NA |
| DUC | dispersing diapers from child and long term care is inconvenient and unnecessary | 3 | 130D1 |

| DUC | define what is a small amount of body fluid or blood | 4 | 130D2 |
|--------|---|---|-------|
| DUC | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 5 | NA |
| DUC | current regulations are not effective because they are vague, subject to interpretation, and result in unjustified expense | 6 | NA |
| DUC | management of medical waste should be based on sound scientific evidence | 7 | NA |
| DUC | other states regulations should be used to develop regulations | 8 | NA |
| DUC | the regulations need to be more clearly written, and more specific | 9 | NA |
| AMC | urine and IV spikes should not be considered medical waste | 1 | 150 |
| CAN | regulations are not clearly written and are subject to interpretation | 1 | NA |
| CAN | there is a relatively low risk outside the health care setting for transmission of disease from medical waste | 2 | NA |
| CAN | regulations are necessary but are expensive to implement because of recent interpretations | 3 | NA |
| CAN | regulations should focus on the potential hazard from sharps or splash rather than absorbed blood or body fluids | 4 | 150 |
| BSC | current rigid interpretation of DEQ regulation is inconsistent with OSHA Bloodborne Pathogen Standard | 1 | 150 |
| BSC | regulation are responsible for costly disposal of waste | 2 | NA |
| BSC | surveillance for medical wastes at landfills has a potential for bringing workers into contact with those waste and home generated wastes | 3 | NA |
| BSC | regulations are inconsistently applied | 4 | NA |
| BSC | management of medical waste should be based on sound scientific evidence | 5 | NA |
| BSC | adopt ATSDR definition of medical waste or one with similar scientific basis | 6 | 150 |
| BSC | provide/require continuing education programs for occupational groups that handle medical waste | 7 | NA |
| BSC | evaluate alternative treatment technologies | 8 | 640 |
| WCH | definition of regulated medical waste should be consistent with CDC guideline for hospital wastes where prudent handling would be appropriate | 1 | 150 |
| WCH | regulations are responsible for costly disposal of waste | 2 | NA |
| WLP | management of medical waste should be based on sound scientific evidence | 1 | NA |
| WLP | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 2 | NA |
| MJH | surveillance for medical wastes at landfills has a potential for bringing workers into contact with those waste and home generated wastes | 1 | NA |
| MJH | current rigid interpretation of DEQ regulation is inconsistent with OSHA | 2 | 150 |
| 141011 | Bloodborne Pathogen Standard | | |

| evidence MJH adopt ATSDR definition of medical waste or one with similar scientific basis MJH provide/require continuing education programs for occupational groups that handle medical waste | 5 | 150 |
|---|---------------|-------|
| MJH provide/require continuing education programs for occupational groups that | | 150 |
| Haride Hedical Waste | 6 | NA |
| MJH evaluate alternative treatment technologies | 7 | 640 |
| SPA regulations are responsible for costly disposal of waste | <u>'</u> 1 | NA |
| SPA regulations should only apply to wastes once they leave the hospital | 2 | NA |
| SPA regulations are inconsistently applied | 3 | NA |
| SPA the same item may be regulated differently if it is not generated in the hospital setting | 4 | 130 |
| IDP risks to the public at large from medical waste are negligible | 1 | NA |
| IDP surveillance for medical wastes at landfills has a potential for bringing workers into contact with those waste and home generated wastes | 2 | NA |
| IDP infection from wastes other than sharps is non-existent | 3 | NA |
| IDP urine should not be considered medical waste | 4 | 150 |
| IDP increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 5 | NA |
| VHH other states regulations should be used to develop regulations that are less burdensome | 1 | NA |
| VHH home health care also produces these wastes but they are unregulated with no effect noted | 2 | 130C2 |
| VHH regulations are causing more wastes to be incinerated which causes greater degradation of the environment | 3 | NA |
| VHH regulations need to be more clearly written an made more understandable | 4 | NA |
| MMC support clear regulations | 1 | NA |
| RCH management of medical waste should be based on sound scientific evidence | 1 | NA |
| RCH infection from wastes other than sharps is non-existent | 2 | NA |
| RCH what constitutes regulated medical waste should be clearer and not left open to interpretation | 3 | 150 |
| RCH define what is a small amount of body fluid or blood | 4 | 130D2 |
| RCH disposal of regulated medical waste has become more costly than it needs to be | 5 | NA |
| RCH regulations are not effective because they are vague, are subject to interpretation, and result in unjustified expense | 6 | NA |
| RCH it is necessary to regulate some medical waste but this must be based on the most current scientific evidence | 7 | NA |
| other states regulations should be used to develop regulations that are less burdensome | 8 | NA |
| RCH the regulations need to be more clearly written, and more specific | 9 | NA |

| SVR | management of medical waste should be based on sound scientific evidence | 1 | NA |
|-----|--|---|-------|
| SVR | regulations are responsible for costly disposal of waste | 2 | NA |
| SVR | same wastes can be generated in a household | 3 | 130C2 |
| SVR | the regulations need to be more clearly written, and more specific | 4 | NA |
| MWH | current regulations are vague, confusing, and subjection to interpretation | 1 | NA |
| MWH | management of medical waste should be based on sound scientific evidence | 2 | NA |
| MWH | OSHA Bloodborne pathogen standard should be used a basis for the regulation | 3 | 150 |
| MWH | the regulations need to be more clearly written, and more specific | 4 | NA |
| JAM | current regulations are vague, confusing, and subjection to interpretation | 1 | NA |
| JAM | management of medical waste should be based on sound scientific evidence | 2 | NA |
| JAM | OSHA Bloodborne pathogen standard should be used a basis for the regulation | 3 | 150 |
| JAM | the regulations need to be more clearly written, and more specific | 4 | NA |
| API | management of medical waste should be based on sound scientific evidence | 1 | NA |
| API | infection from wastes other than sharps is non-existent | 2 | NA |
| API | what constitutes regulated medical waste should be clearer and not left open to interpretation | 3 | 150 |
| API | clarify requirement for disposal of diapers and sanitary napkins | 4 | 130D1 |
| API | define what is a small amount of body fluid or blood | 5 | 130D2 |
| API | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 6 | NA |
| API | current regulations are not effective because they are vague, subject to interpretation, and result in unjustified expense | 7 | NA |
| API | other states regulations should be used to develop regulations that are less burdensome | 8 | NA |
| API | the regulations need to be more clearly written, and more specific | 9 | NA |
| ADC | management of medical waste should be based on sound scientific evidence | 1 | NA |
| ADC | infection from wastes other than sharps is non-existent | 2 | NA |
| ADC | what constitutes regulated medical waste should be clearer and not left open to interpretation | 3 | 150 |
| ADC | clarify requirement for disposal of diapers and sanitary napkins | 4 | 130D1 |
| ADC | define what is a small amount of body fluid or blood | 5 | 130D2 |
| ADC | increases in costs borne by hospitals for disposal have not produced comparable benefits to the environment | 6 | NA |
| ADC | current regulations are not effective because they are vague, subject to interpretation, and result in unjustified expense | 7 | NA |

| ADC | other states regulations should be used to develop regulations that are less | 8 | NA |
|-----|---|----|----------------------|
| | burdensome | | |
| ADC | the regulations need to be more clearly written, and more specific | 9 | NA |
| AWI | regulations are effective and materials regulated do not require modification | 1 | NA |
| AWI | the regulations mesh well with other regulations, but do need some updating | 2 | NA |
| AWI | regulations are redundant and inconsistent within themselves, and with other bodies of regulations | 3 | NA |
| AWI | regulations require reorganization and clarification | 4 | NA |
| AWI | regulations need to be consistent with other regulations | 5 | NA |
| AWI | definition of regulated medical waste needs to be reviewed | 6 | 150 |
| AWI | definition of storage should be modified to be consistent with federal transportation definition which preempts the DEQ definition | 7 | 10 |
| AWI | delete exemptions inconsistent with federal transportation standards | 8 | 120.5 |
| AWI | delete article 3 of Part IV - Packaging and labeling requirements, due to inconsistency with federal transportation standards | 9 | part IV article 3 |
| AWI | delete or revise records to be maintained because certifications are inconsistent with federal transportation standards | 10 | 310B |
| AWI | delete criteria that is inconsistent with federal transportation standards. 450 - packaging, labeling, placarding 500 - transport using reusable carts or containers 51 | 11 | 450, 500, 510 |
| AWI | regulations should be consistent with other regulations including the ones listed in this comment | 12 | NA |
| AWI | internal references need to be updated using the VAC format | 13 | NA |
| AWI | revise language for exclusion in this section | 14 | 130C2 |
| AWI | handling of diapers and sanitary napkins should be consistent with existing OSHA standards | 15 | 130D1 |
| AWI | containment and cleanup procedures should be modified language regarding personal protective equipment should be modified | 16 | 280A |
| AWI | section regarding air emissions should defer to federal standards | 17 | 530 |
| AWI | review section requiring shredding of steam sterilized wastes | 18 | Part VIII |
| AWI | this points out certain publications that should be used to evaluate alternate treatment technologies | 19 | Part IX |
| AWI | although the regulations say that conformance with the conditions are sufficient to establish a permit-by-rule the department requires acknowledgment that conditions have been fulfilled | 20 | 690D |
| AWI | reorganize Part X and eliminate waste supply analysis in 730D | 21 | Part X |
| AWI | reusable container management, spill cleanup procedures are set out in several location and are redundant | 22 | 260 |
| AWI | the model regulation from the Medical Waste Institute is recommended as a guide for Virginia's regulation | 23 | NA |